

MYTH BUSTER



RAISE
THE
QUESTIONS

Echocardiogram (Echo): Separating Fact from Fiction

It's important to know the facts about using Echo to check for PH-ILD*; however, there are several myths and misconceptions that surround Echo.

✘ MYTH

An Echo is the best tool to diagnose or rule out PH-ILD.

✔ FACT

Existing lung disease can make PH difficult to detect on an Echo. In fact, a right heart catheterization (RHC), often referred to as a "right heart cath", is the only way to definitively diagnose PH.

✘ MYTH

An Echo is the best screening tool for PH-ILD.

✔ FACT

In a group of patients with ILD who were clinically suspected of having PH-ILD, 40% had a low likelihood of PH based on their Echo but were confirmed to actually have PH using a right heart cath.

✘ MYTH

Once you have an echo and it indicates no PH, you no longer need to be concerned about developing PH-ILD.

✔ FACT

Since PH may appear at any time, checking your test results once is not enough. Be sure to have your doctor check for signs of PH in your routine tests at each appointment.

*PH-ILD = pulmonary hypertension associated with interstitial lung disease



You can make a difference in detecting PH early!

Ask your doctor to check for signs of PH in the ILD tests you're already doing.



Sign up and receive ongoing information about PH-ILD. Scan the QR code to sign up now or visit:

[Raisethequestions.com/supportprogram](https://raisethequestions.com/supportprogram)